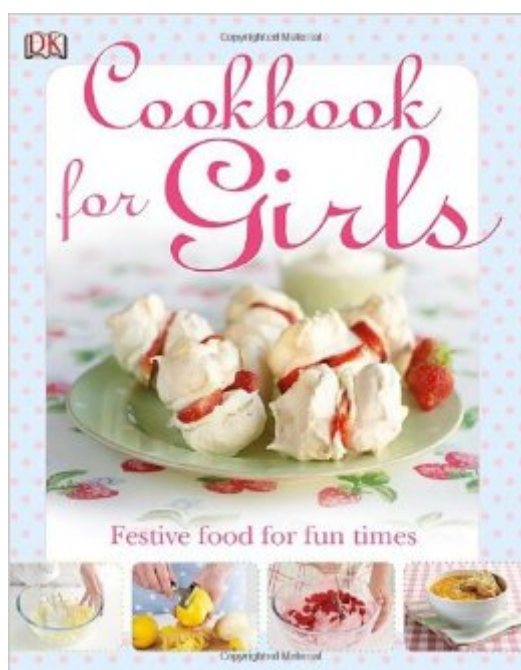


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# The Cookbook For Girls



## Synopsis

Featuring more than 50 delicious dishes for making with friends, serving at parties, and learning all about the kitchen, Cookbook for Girls inspires young girls to have fun in the kitchen and get creative with food. Fabulous food is the theme of this book, which includes extra craft projects that are guaranteed to help young hostesses serve up their culinary achievement in style!

## Book Information

Hardcover: 128 pages

Publisher: DK Children; 1/17/09 edition (February 16, 2009)

Language: English

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Product Dimensions: 8.9 x 0.6 x 11.1 inches

Shipping Weight: 1.6 pounds (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 starsÂ Â See all reviewsÂ (106 customer reviews)

Best Sellers Rank: #25,507 in Books (See Top 100 in Books) #28 inÂ Books > Children's Books >

Children's Cookbooks #265 inÂ Books > Children's Books > Growing Up & Facts of Life >

Friendship, Social Skills & School Life > Girls & Women

Age Range: 7 - 10 years

Grade Level: 2 - 5

## Customer Reviews

I received this for my eleventh birthday, it has a wonderful style and great pictures, however every ingredient was impossible to find. Nearly every dessert called for self-rising flour and diced, hand-picked fruit. Therefor of if your family dose not carry around orange extract, one pound reduced fat creme fraiche and grated lemon un-waxed juice this would not be a good product. I'm an eleven year old and the easiest recipes call for a 5 oz. packet of raspberry black currant flavor gelatin and salted butter with food coloring. Though there are a few good recipes most of them are just bologna.

I purchased this cookbook for my daughter who just finished her first year of college. She's a real "girly-girl" and this book definately caught her eye with all of it's pretty, feminine colors and swirly type when she opened the gift basket I had placed it in. She called me a day later to tell me that she was reading a really great book. When I asked her what she was reading, she told me it was the

cookbook I had given her. She was trying out some of the recipes and that she and her boyfriend both loved what she had "whipped up" so far. No matter what the age, this cookbook is perfect!

So my 9-year-old son brought this home from school, said one of his little girl friends lent it to him. Together, my 4, 9, and 11-year old sons and I looked through it. My husband and I are true blue foodies with a love of cooking and dining well, as nutritiously as possible. After wandering and reading this cookbook with my boys, they were tremendously excited to try some of the recipes. The presentation style is clean and doesn't overburden pages with too much text. The photos are colorful and attractive, and the directions are simple with very few ingredients and very few steps. Just the explanation at the beginning for Red Pepper Hummus--"how to make your own roasted red bell peppers," was enlightening for me. The kids were excited to see that there were healthy recipes, but they were entranced with the dessert section, too, of course. Beautiful book. I am deeply considering purchasing it, in spite of a title that a mom of all-boys kind of feels sad about. This is a good book for everyone--not just girls or young women.

The subtitle of this book says it all: "Festive Food for Fun Times". My 10 yr. old checked this book out at her school library & we have decided we MUST own our own copy! These recipes are perfect for you and your daughter to prepare together so she can invite friends for a fancy luncheon or tea (and detailed enough to do on her own if your daughter already knows cooking basics. The directions are clear enough for the novice cook (great photos of each step), but also appealing to the experienced cook as all are made entirely from scratch. For example, hot chocolate is made by melting real chocolate (can't wait to try that one! Can you imagine how much better that would taste than with cocoa powder??) Even as a veteran cook, I found the photos helpful for things like how to prepare real zest from a lemon (I've only done the dried stuff in a bottle!), or how to cut a mango or open a pomegranate. The recipes are elegant looking, many with just common household ingredients (at least in a home that cooks from scratch). Some of them have exotic ingredients but that will make those recipes perfect for special occasions. For me, the most interesting thing about this book is how it sparked my daughter's interest in trying some new foods- she's on the autism spectrum and has severe eating issues (mainly only eats yellow or white foods that "look good"- it's a constant challenge to get proper nutrition in her!) The photos in this book are "good enough to eat"!

I bought this cookbook for my daughter for her birthday. She has special needs and this book is

perfect for her. She loves watching cooking shows with me and looking at cookbooks. The pictures are great in this cookbook and there are step by step instructions with pictures as well. The recipes all seem fun and something she can do with me. I'd recommend this for any young lady interested in cooking and for Moms who want to get in the kitchen with their daughters or Dad's too!

My 9 year old daughter brought this home from the library and I expected it to be another "kid-geared" book with simplistic recipes, heavy on the simple and not the taste. I was shocked when I started to read the book and realized there were recipes I wanted to make! We made the blueberry ice cream yesterday, and I had to force myself to stop eating it! So good! (More like sherbert, but so good!) Not wanting to relinquish the book to the library, I decided to purchase it here. Now we'll have plenty of time to try all the recipes that tempt us! This is not a beginners book, this involves making food from scratch, and an adult will need to supervise the cutting, and heating over the stove, but the results are well worth it.

My daughter looked at this book in the grocery store, so I ordered it for her on . When it arrived I was impressed with the quality. Easily written and has lots of nice photos for my daughters to follow. I'd recommend to any parent who has a child that likes to cook.

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